

## **Daily Practice Time**

- Schedule practice in daily routine
- Aim for 30 minutes (May be divided into two 15 minute practice sessions.)
- Be consistent!
- Better to practice a little everyday rather than a lot on one day!!!!

## **Environment**

- No distractions (TV, pets, etc.)
- Good lighting
- Quiet
- Music stand for correct posture
- Pencil to mark music
- Violin/Viola should stand
- Cello use armless chair, straight back

## **Parental Practice Assistance**

- Practice with child!
- Ask to see/hear new skill/song
- Quiz child on concert music
- Help organize practice time
- Show interest in daily lesson
- Much praise. Reserve criticism.

## **Practice “Games”**

- Practice party with a friend. (End with a special snack)
- Find opportunities for child to perform (for family/friends, etc.)
- Make flashcards with new notes or symbols
- Keep track of daily practice (have a reward system)

## **Motivation**

- If at first you don't succeed, try, try again.
- Think of something that you can do today that you couldn't do two weeks ago.
- Do not be so critical.
- Practice slowly!
- Be positive.
- The hard stuff will become easier if you keep working!
- The greatest rewards take the most work!
- CAN! (better than cannot)
- Be creative :)
- Set goals!
- Play music for your family!
- Practice with friends!
- Realize that a mistake is not a big deal.
- All music is worth learning!
- Make up your own songs!
- The greatest musicians in the world were beginners, too!
- Practice WILL make perfect.
- When the tough gets going, the tough GO PRACTICE!
- Only practice on the days that you eat. ☺